

Douglas County KeepSafe Connections - Helpers in Your Community

| Service | Provider | Contact # | Website |
|---|--|---|--|
| Police/Fire | You will be routed to appropriate office | 911 | Douglas County offers text to 911 |
| Crisis Line | Colorado Crisis and Support Line provided by: Rocky Mountain Crisis Partners (Formally Metro Crisis Services) | 1-844-493-8255 | This number will also help get information about the State Walk in Crisis Centers and Crisis Stabilization Units. www.RMCrisisPartners.org/ http://www.communitycrisisconnection.org/ Also has an online chat available and or text TALK to 38255 to speak to a trained professional |
| Suicide Crisis Line | National Suicide Prevention Lifeline | 1-800-273-TALK (8255) Press 1 for Veterans Press 2 for Spanish | http://www.suicidepreventionlifeline.org |
| Crisis Line | AllHealth Network (FKA: Arapahoe Douglas Mental Health Network) | 303-730-3303 | www.admhn.org |
| LGBT Youth Suicide Hotline | Trevor Project | 1-866-488-7386 | http://www.thetrevorproject.org |
| Transgender Crisis line | Trans Lifeline | US 877-565-8860 | http://hotline.translifeline.org/ |
| American Foundation for Suicide Prevention - Colorado Chapter | | | www.afsp.org/colorado |
| Behavioral health - Medicaid | BHI - Behavioral Health Care Inc. - Douglas, Arapahoe and Adams Counties | 303-361-8100 | www.bhicares.org |
| Counseling for Youth at risk of suicide | Second Wind Fund, Inc. | Office: 720-962-0706 / Referrals: 303-988-2645 | http://www.thesecondwindfund.org/ |
| Douglas County Youth Initiative - Youth and Family Resource Guide | | 303-688-4825 x 5327 malston@douglas.co.us | http://www.douglas.co.us/documents/douglas-county-youth-and-family-resource-guide.pdf |
| Domestic Violence Hotline | National Hotline | 1-800-799-SAFE (7233) | http://www.thehotline.org |
| Domestic Violence Shelter/crisis line | Safe house Denver | 303-318-9989 | |
| Emergency Shelter | Crisis Center | 303-688-8484 or 1-888-247-7472 | http://www.twcfoc.org/ |
| Family Resource Pavilion | Shiloh house - youth receive intensive therapeutic intervention | 720-213-1400 or 720-213-1320 | 9700 E Easter Ln., Centennial, CO 80112 http://shilohhouse.org/facilities/family-resource-pavilion/ |
| Family Support Services | Douglas County WrapAround Program / Marsha Alston - Youth Services Prog. Manager | 303-688-4825 x 5327 malston@douglas.co.us | http://www.douglas.co.us/countyadmin/youth/WrapAround_Program.html |
| Grief Support Following Suicide | Heartbeat - When you go to their website click on Heartbeat Chapters on the left to find the one close to you. | | http://heartbeatsurvivorsaftersuicide.org/index.shtml |
| Grief Support | Heartlight Center - offers classes on grief | | http://www.heartlightcenter.org/heartlight-center-calendar-of-events/ |
| Grief Support | Judi's House - Children/Families | 720-941-0331 | http://www.judishouse.org/ |
| Help line | United Way | 211 | http://211colorado.org |

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| HelpPRO | tool to find mental health service providers with expertise in suicide risk | | www.HelpPRO.com/SPTF |
| Human Services Offices | Douglas County Human Services | 303-688-4825 | http://www.douglas.co.us/humanservices |
| Juvenile Assessment Center (JAC) | Provide no cost risk and need assessment services coupled with mental health and substance abuse screening to youth residing in Arapahoe, Douglas, Elbert and Lincoln counties. | 720-874-3381 | http://jac18.org/ |
| Kaiser Permanente | Find Your Words - find help and information about depression. | | www.findyourwords.org |
| Legal Services | Colorado Legal Services | 303-837-1321 | http://www.coloradolegalservices.org |
| LGBT Youth Support | Rainbow Alley (ages 12-21) | 303-831-0442 | http://www.glbtcOLORADO.org/RainbowAlley.aspx |
| Man Therapy Website | | | www.mantherapy.org |
| Mental Health Association | NAMI - National Alliance on Mental Illness | 303-991-7688 | http://www.namicolorado.org/ |
| Mental Health Hospital | Highlands Behavioral Health System | 720-348-2800 | http://www.highlandsbhs.com |
| Mental Health Services | AllHealth Network | 303-730-8858 | http://www.admhn.org |
| Mental Health Services (in office and equine assisted) | Philippi Center, Inc 13710 E. Rice Place Suite 150 Aurora, CO 80015 | 303-766-4111 | www.philippicenter.com |
| Military | Military One Source | 1-800-342-9647 | www.militaryonesource.com |
| Rape Assistance and Awareness | Rape/Sexual Assault Center (formally known as RAAP) The Blue Bench | 303-322-7273 | http://thebluebench.org |
| Salvation Army - Centennial | | 303-799-9662 | http://www.salvationarmyusa.org |
| School Student Services Douglas County School District | Douglas County School District Prevention/School Culture- Staci McCormack, or Intervention/Support - Colette Hohnbaum | Staci 303-387-0087 Colette 303-387-0207 | Prevention/School Culture - Staci - https://www.dcsdk12.org/prevention-and-school-culture Intervention & Support - Colette - https://www.dcsdk12.org/node/2110 |
| Suicide Prevention Coalition of Colorado | | | http://www.suicidepreventioncolorado.org/ |
| Suicide Prevention - Youth - Program - School based | Sources of Strength | 701-471-7183 | https://sourcesofstrength.org/ |
| Task Forces (help with food, rent, clothing, etc) | Douglas/Elbert County Task Force | 303-688-1114 | http://www.detaskforce.org |
| | Parker Task Force | 303-841-3460 | http://www.parkertaskforce.org |
| Parents Surviving Suicide Support Group | | 303-322-7450 | <u>Meets 3rd Tuesday, 7-9pm at Bethany Lutheran</u> |
| Yellow Ribbon Program | Dedicated to preventing youth suicide. NOT A CRISIS LINE | 303-429-3530 | http://www.yellowribbon.org/ |