

H1N1 Influenza Update

November 20, 2009

H1N1 Influenza Disease Update

- National: Almost all of the influenza viruses identified so far in the United States are 2009 H1N1 influenza A virus. Forty-six states are reporting widespread influenza activity at this time. For more national H1N1 statistics go to: www.cdc.gov/h1n1flu/update.htm
- Colorado: As of November 14, 2009 a total of 1769 influenza associated hospitalizations from 51 counties have been reported. The outbreak curve by week of report shows a steady, steep decline in numbers of hospitalizations during the past four weeks. A total of 45 influenza-related deaths (8 pediatric and 37 adults) have been reported. The highest mortality rate is in the 50-64 year age group. For more state H1N1 statistics go to: www.cdphe.state.co.us/dc/Influenza/index.html.
- Tri-County: As of November 14, 2009 a total of 605 influenza associated hospitalizations (Adams 246, Arapahoe 289, Douglas 70) have been reported.

Tri-County Health Department H1N1 Vaccine and Clinic Update

- Tri-County Health Department began community H1N1 vaccination clinics on November 5, 2009. To date, Tri-County has held **30** community clinics and has given an estimated **36,794** doses of H1N1 vaccine to the public. Tri-County is also sending vaccine to health care providers in our jurisdiction as well as conducting WIC H1N1 vaccination clinics.
- H1N1 vaccine continues to slowly arrive in Colorado.
- Because of vaccine delays, at this time, Tri-County clinics are only open to Adams, Arapahoe, Broomfield, Douglas and Elbert County residents.
- Only priority groups are currently eligible to receive vaccine, which include pregnant women, household contacts and caregivers for children younger than 6 months of age, healthcare and emergency medical services personnel, all people from 6 months through 24 years of age, persons aged 25 through 64 years with health conditions associated with higher risk of medical complications from influenza. Current eligibility list: www.tchd.org/pdfs/h1n1_eligibility_list.pdf
- The vaccine is free, but clinic participants should be prepared to stand in line and dress warmly in case they need to stand outside for a while, and bring water or light snacks, since none will be provided.
- Visit www.tchd.org/flu.htm for up-to-date information on Tri-County clinic dates, times and locations, as well as downloadable consent forms. Visit www.immunizecolorado.com for all statewide clinic listings, including Tri-County's.

Recommended Response Actions

- Practice good hand hygiene – frequent hand washing with soap and water, or hand sanitizer.
- Cough or sneeze into a tissue or the elbow of your arm.
- Avoid touching your eyes, nose and mouth since germs spread that way.
- Stay home if you are sick with influenza-like illness.
- Seek medical care immediately if any of the following complications arise: temperature over 104° F, difficulty breathing or shortness of breath, chest pain, confusion or disorientation, coughing up blood, severe vomiting, and/or dehydration.
- Get an H1N1 vaccine if you are in the priority group.

Resources

- Tri-County Health Department: www.tchd.org/flu.htm or 303-220-9200
- Colorado Help Line: 1-877-462-2911
- Centers for Disease Control and Prevention: www.cdc.gov/h1n1flu/
- Colorado Department of Public Health and Environment: www.cdphe.state.co.us/epr/H1N1.html