

Douglas County KeepSafe Connections - Helpers in Your Community

Service	Provider	Contact #	Website
Police/Fire/Emergency Services	You will be routed to appropriate office	911	
Crisis Line	Colorado Crisis and Support Line provided by: Rocky Mountain Crisis Partners (Formally Metro Crisis Services)	1-844-493-8255	www.RMCrisisPartners.org
Suicide Crisis Line	National Suicide Prevention Lifeline	1-800-273-TALK (8255) Press 1 for Veterans Press 2 for Spanish	http://www.suicidepreventionlifeline.org
Crisis Line	Arapahoe Douglas Mental Health Network	303-730-3303	http://www.admhn.org
LGBT Youth Suicide Hotline	Trevor Project	1-866-488-7386	http://www.thetrevorproject.org
American Foundation for Suicide Prevention - Colorado Chapter			www.afsp.org/colorado
Counseling for Youth at risk of suicide	Second Wind Fund, Inc.	Office: 720-962-0706 / Referrals: 303-988-2645	http://www.thesecondwindfund.org/
Douglas County Youth Initiative - Youth and Family Resource Guide		303-688-4825 x 5327 malston@douglas.co.us	http://www.douglas.co.us/documents/douglas-county-youth-and-family-resource-guide.pdf
Domestic Violence Hotline	National Hotline	1-800-799-SAFE (7233)	http://www.thehotline.org
Emergency Shelter	Women's Crisis & Family Outreach Center	303-688-8484 or 1-888-247-7472	http://www.twcfoc.org/
Family Support Services	Douglas County WrapAround Program / Marsha Alston - Youth Services Prog. Manager	303-688-4825 x 5327 malston@douglas.co.us	http://www.douglas.co.us/countyadmin/youth/WrapAround_Program.html
Grief Support Following Suicide	Heartbeat - When you go to their website click on Heartbeat Chapters on the left to find the one close to you.		http://heartbeatsurvivorsaftersuicide.org/index.shtml
Grief Support	Heartlight Center - Many organizations listed website		http://www.heartlightcenter.org/Resources/Resources%20Main.html
Grief Support	Judi's House - Children/Families	720-941-0331	http://www.judishouse.org/
Help line	United Way	211	http://211colorado.org
HelpPRO	tool to find mental health service providers with expertise in suicide risk		www.HelpPRO.com/SPTF
Human Services Offices	Douglas County Human Services	303-688-4825	http://www.douglas.co.us/humanservices

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Juvenile Assessment Center (JAC)	Provide no cost risk and need assessment services coupled with mental health and substance abuse screening to youth residing in Arapahoe, Douglas, Elbert and Lincoln counties.	720-874-3381	http://jac18.org/
Legal Services	Colorado Legal Services	303-837-1321	http://www.coloradolegalservices.org
LGBT Youth Support	Rainbow Alley (ages 12-21)	303-831-0442	http://www.glbtcolorado.org/RainbowAlley.aspx
Man Therapy Website			www.mantherapy.org
Mental Health Association	NAMI - National Alliance on Mental Illness	303-991-7688	http://www.nami.org/MSTemplate.cfm?MicrositeID=257
Mental Health Hospital	Highlands Behavioral Health System	720-348-2899	http://www.highlandsbhs.com
Mental Health Services	Arapahoe Douglas Mental Health Network	303-730-8858	http://www.admhn.org
Military	Military One Source	1-800-342-9647	www.militaryonesource.com
Rape Assistance and Awareness	Rape/Sexual Assault Center (formally known as RAAP) The Blue Bench	303-322-7273	http://thebluebench.org
Resource guides online:	Douglas County Youth/Family Resource Guide		http://www.douglas.co.us/countyadmin/youth/
Salvation Army - Centennial		303-799-9662	http://www.salvationarmyusa.org
School Student Services	Douglas County School District / Student Wellness - Staci McCormack, Colette Hohnbaum	303-387-0087 Staci 303-387-0207 Colette	https://www.dcsdk12.org/studentwellness
Suicide Prevention Coalition of Colorado			http://www.suicidepreventioncolorado.org/
Task Forces (help with food, rent, clothing, etc)	Douglas/Elbert County Task Force	303-688-1114	http://www.detaskforce.org
	Parker Task Force	303-841-3460	http://www.parkertaskforce.org
Parents Surviving Suicide Support Group		303-322-7450	<u>Meets 3rd Tuesday, 7-9pm at Bethany Lutheran</u>
Yellow Ribbon Program	Dedicated to preventing youth suicide. NOT A CRISIS LINE	303-429-3530	http://www.yellowribbon.org/