



safeTALK

FREE SUICIDE ALERTNESS TRAINING

YOUTH EDUCATION & SAFETY IN SCHOOLS

Y.E.S.S.

MAKING A DIFFERENCE



There is hope,
there is help!

Suicide is a public
health issue and is
preventable!

Learn how to talk
about it!

Learn how to help
create a suicide
safer community!

DATE/TIME: April 19, 2016 | Dinner 5:00-5:30pm
Training 5:30-8:30pm. Dinner provided by the Rotary of Castle
Pines. Please arrive a few minutes early to complete registration process.

LOCATION: 1335 Park Street, Castle Rock, CO 80104—Public
Safety Training Facility Located at the North-West corner of Park and Malibu. Easy to
find - turn north at the light at the intersection of Wolfensberger and Park and it's just a few blocks
down on the left. Turn left at Malibu and then right into a huge parking lot in the rear of the build-
ing.

REGISTRATION: Email Phyllis Harvey pharvey@dcsheriff.net

Questions please feel free to call: 303-814-7033

Limited space available in each training!

Who should attend: Anyone over the age of 15!

**safeTALK is not designed for those that have
experienced a recent suicide loss.**

**If you are grieving the recent loss of a loved one to suicide, we
recommend you join a support group or
visit <http://www.afsp.org/coping-with-suicide> to find useful
information related to coping with suicide loss.**

safeTALK, about three hours in duration, is a training that prepares anyone over the age
of 15 to identify persons with thoughts of suicide and connect them to suicide first aid
resources. Most people with thoughts of suicide invite help to stay safe. Alert helpers
know how to use these opportunities to support that desire for safety. As a safeTALK-
trained suicide alert helper, you will be better able to:

- move beyond common tendencies to miss, dismiss or avoid suicide;
- identify people who have thoughts of suicide;
- apply the TALK steps (*Tell, Ask, Listen* and *KeepSafe*) to connect a person with suicide thoughts to suicide first aid, and intervention caregivers.

Powerful video clips illustrate both non-alert and alert responses. Discussion and practice help stimulate learning. Learn steps that contribute to saving lives.



Center for
Spiritual Living™
Castle Rock

Rotary Club
Castle Pines



LivingWorks

www.livingworks.net

<http://www.dasuicideprevention.org/>